

Life Skills

Spiritual

Habits and Routines

Reading,
Memorizing,
Meditating,
Studying, and
Applying God's Word
Prayer Thanksgiving
Confession
Requests

Character Qualities

Integrity
Honesty
Dependability
Kindness
Self-Control
Self-Discipline
Loyalty
Compassion

Decision Making

Attentive to conscience
Discuss consequences
Pros and cons of a decision
Involve them in our decisions

Relationships

Family

Family unity
Family meals
Child's secure place in the family
Father/mother, Parent/child roles
Siblings as friends

Marriage

Permanence of marriage
Marriage roles
Dating

Parenting

How to Care for,
Comfort,
Entertain,
Guide, and
Teach younger children
and babies

Discipline principles
Leadership roles

Friends

Good and bad friends
Active role toward friendships
Pray about friendships

Communication

Attentive
Understand others point of view
Understand limits of our knowledge
Telephone skills
Texting – Uses and limits
Email
Internet
Social media – Uses and dangers

Education

The habit and skill of learning
through personal study***

Reading
Writing
Math
History
Science
Keyboarding/ Computer skills
Music
Art
Physical education
Extra-curricular activities

Work

Household jobs
Home business
Paying jobs away from home
Following orders
Dependability
Punctuality
Attitudes toward:
Employer
Fellow employees
Customers
Filling out an application
Typing a resume
Interview skills

Citizenship

Our primary loyalty is to God's
Kingdom
Obey all proper laws and
authorities
Study candidates and issues
Pray for elections
Vote

Health

Nutrition
Exercise
Rest
Cleanliness
Safety rules
Illness
CPR
Sex education

Home Management

Cooking
Planning
Shopping
Preparation
Clean-up

Cleaning
Organizing
Designing
Painting
Crafts
Clothes
Shopping
Laundry
Sewing

Mowing the lawn
Watering the plants
Taking out the trash
Care of pets
Keeping a neat garage
Toggle bolts
Hanging pictures

Cars

Routine maintenance
Checking the oil and tires
Recognizing problems
Keeping filled with gas
Keeping clean
What to do in an accident
Insurance

Money Skills

Offering/ Giving
Saving/ Investments
Debt/ Credit cards
Understanding interest
Planning/ Budgeting
Shopping – Stores and online
Banking
Deposits and withdrawals
Online banking
Debit cards

Transportation

Learning to drive

Obey traffic laws
Drive defensively
Recognize road conditions
Be aware of car expenses

Trip planning

Online resources
Reading map
Planning distances
Reading schedules
Checking baggage
Navigating the airport
What to do if lost